

# Year 3

# St Bernadette



OUR LADY & ST JOSEPH  
CATHOLIC PRIMARY SCHOOL

## Prayer Book

Name:

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# The Sign of the Cross



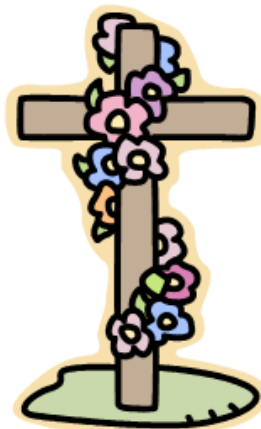
In the Name of the Father,  
And the Son,  
And the Holy Spirit,  
Amen



# Morning Prayer



O my God you love me,  
You're with me night and day  
I want to love you always  
In all I do and say  
I'll try to please you Father  
Bless me through the day  
Amen



# Grace before meals



Bless us O God as we sit together.  
Bless the food we eat today.  
Bless the hands that made the food.  
Bless us O God.  
Amen.



# Grace After Meals



Thank you, God,  
for the food we have eaten.

Thank you, God,  
for all our friends.

Thank you, God,  
for everything,  
Thank you, God.

Amen.



# End of day Prayer



At the end of the day,  
we come to say,  
Thank you for your love today.  
Thank you for my family,  
And all the friends you give to me.  
Guard me in the dark of night  
And in the morning  
Send your light.  
Amen



# Hail Mary

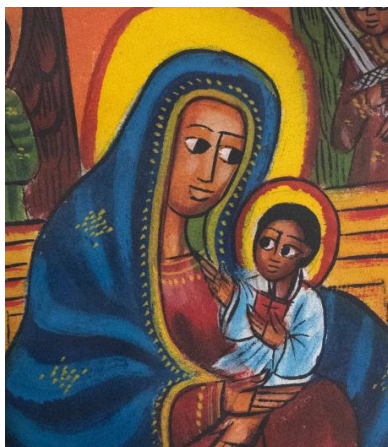


Hail Mary, full of grace,  
the Lord is with thee;

blessed art thou among women and blessed is  
the fruit of thy womb, Jesus.

Holy Mary, Mother of God,  
pray for us sinners,  
now and at the hour of our death.

Amen.



*With Christ at our centre, we love, listen and learn.*

# Our Father



Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done; on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.

Amen



*With Christ at our centre, we love, listen and learn.*

# Glory Be



Glory Be to the Father,  
and to the Son,  
and to the Holy Spirit.  
As it was in the beginning,  
is now, and ever shall be,  
world without end.

Amen



*With Christ at our centre, we love, listen and learn.*

# Prayer to Guardian Angel



Angel of God, my guardian dear,  
to whom God's love commits me here,  
ever this day be at my side,  
to light and guard, to rule and guide.

Amen.



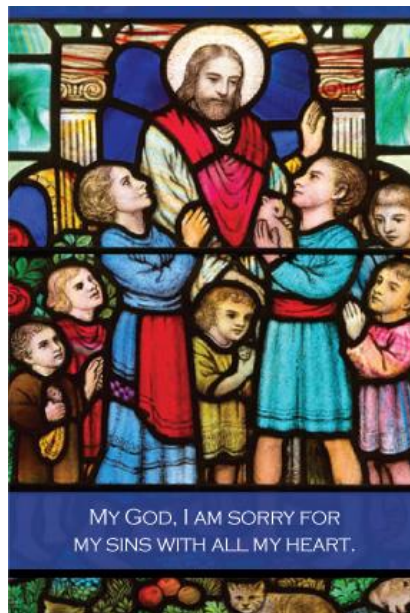
*With Christ at our centre, we love, listen and learn.*

# Act of Contrition

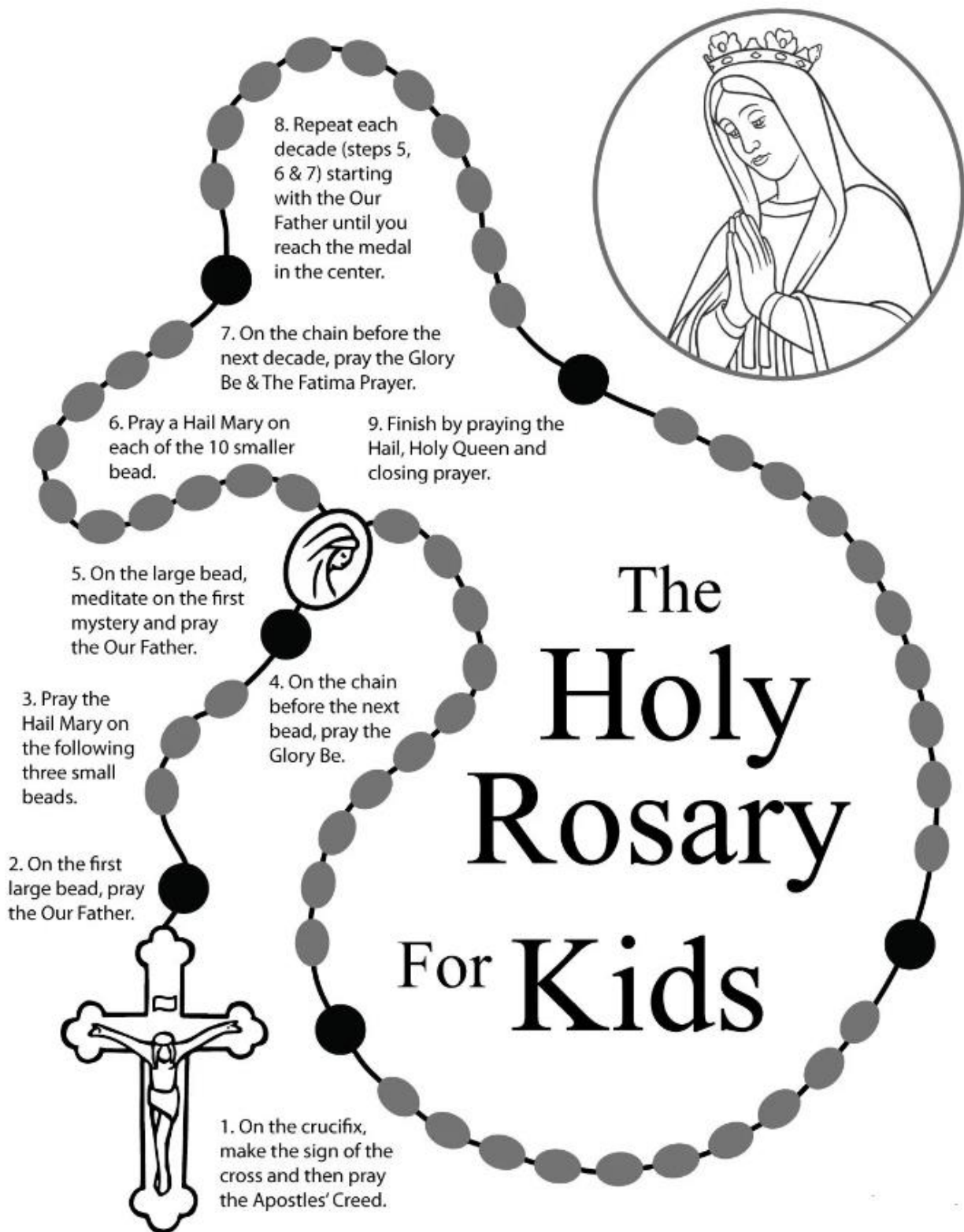


O my God, because you are so good,  
I am very sorry that I have sinned  
against you, and with the help of your  
grace I will not sin again.

Amen



# The Rosary



*With Christ at our centre, we love, listen and learn.*

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    |                                                                                                                                                                                                                                                                                                                                              |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>The Joyful Mysteries</b><br/>(Recited Monday and Saturday)</p> <p>The Annunciation (Luke 1:26-38)<br/>The Visitation (Luke 1:39-45)<br/>The Nativity (Luke 2:1-7)<br/>Common prayers 75 9.5<br/>The Presentation in the Temple (Luke 2:22-35)<br/>The Finding in the Temple (Luke 2:41-52)</p>                                                                                                                                                                                                               | <p><b>The Mysteries of Light</b><br/>(Recited Thursday)</p> <p>The Baptism of Jesus (Matthew 3:13-17)<br/>The Wedding Feast of Cana (John 2:1-12)<br/>The Proclamation of the Kingdom, with the call to Conversion (Mark 1:14-15; 2:3-12)<br/>The Transfiguration (Luke 9:28-36)<br/>The Institution of the Eucharist (Matthew 26:26-29)</p> |
| <p><b>The Sorrowful Mysteries</b><br/>(Recited Tuesday and Friday)</p> <p>The Agony in the Garden (Mark 14:32-42)<br/>The Scourging at the Pillar (Matthew 27:15-26)<br/>The Crowning with Thorns (Matthew 27:27-31)<br/>The Carrying of the Cross (John 19:15-17; Luke 23:27-32)<br/>The Crucifixion (Luke 23:33-38, 44-46)</p>                                                                                                                                                                                   | <p><b>The Glorious Mysteries</b><br/>(Recited Wednesday and Sunday)</p> <p>The Resurrection (Matthew 28:1-8)<br/>The Ascension (Acts 1:6-11)<br/>The Descent of the Holy Spirit (Acts 2:1-12)<br/>The Assumption (1 Thessalonians 4:13-19)<br/>The Coronation of Mary Queen of Heaven and Earth (Revelation 12:1; 14:1-5; Isaiah 6:1-3)</p>  |
| <p><b>Prayer concluding the Rosary</b></p> <p>V. Pray for us, O holy Mother of God.<br/>R. That we may be made worthy of the promises of Christ.<br/>Let us pray. O God, whose only-begotten Son, by his life, death and resurrection, has purchased for us the rewards of eternal life, grant, we beseech thee, that meditating on these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ our Lord. Amen.</p> |                                                                                                                                                                                                                                                                                                                                              |

*With Christ at our centre, we love, listen and learn.*

# Class Saint Prayer



Pray for us, that like you,  
we may always be obedient to the will of Our Heavenly  
Father,  
and that through our prayers and humility we may bring  
consolation to the Most Sacred Heart of Jesus and the  
Immaculate Heart of Mary  
that have been so grievously wounded by our sins.  
Holy Saint Bernadette of Lourdes,  
Pray for us.  
Amen.

